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A distorted radio shell in the young supernova SN 1986J [*M.A. Pérez-Torres et al.*] *M.A. Pérez – Torres*,<sup>1</sup>  
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firstpage

abstract We report here on 5 GHz global very-long-baseline interferometry (VLBI) observations of  
 SN 1986J, 16y after its explosion. We obtained a high-resolution image of the supernova, which shows a distorted shell of radioe-  
 4.7 mas, corresponding to a linear size of  $\sim 6.8 \times 10^{17}$  cm for a distance of 9.6 Mpc to NGC 891. The average  
 speed of the shell has decreased from  $\sim 7600 \text{ km s}^{-1}$  in 1988.74 down to about  $6300 \text{ km s}^{-1}$  in 1999.14, indicative  
 of a mild deceleration in the expansion of SN 1986J. Assuming a standard density profile for the progenitor wind ( $\rho_{\text{cs}} \propto$   
 $r^{-s}$ ,  $s = 2$ ), the swept-up mass by the shock front is  $\sim 2.2 M_{\odot}$ . This large swept-up mass, coupled with the  
 mild deceleration suffered by the supernova, suggests that the mass of the hydrogen-rich envelope ejected at  
 explosion was  $12 M_{\odot}$ . Thus, the supernova progenitor must have kept intact most of its hydrogen-rich enve-  
 lope by the time of explosion, which favours a single, massive star progenitor scenario. We find a flux density  
 for SN 1986J of  $\sim 7.2 \text{ mJy}$  at the observing frequency of 5 GHz, which results in a radio luminosity of  $\sim 1.4 \times$   
 $10^{37} \text{ erg s}^{-1}$  for the frequency range  $10^7\text{--}10^{10} \text{ Hz}$  ( $\alpha = -0.69$ ;  $S_{\nu} \propto \nu^{\alpha}$ ). We detect four bright knots that de-  
 lineate the shell structure, and an absolute minimum of emission, which we tentatively identify with the centre  
 of the supernova explosion. If this is the case, SN 1986J has thus suffered an asymmetric expansion, which could be due to an asym-